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Bio - Catherine Lee



As Director of Lethbridge Piper & Associates, Catherine is dedicated to working with client organizations to achieve real and tangible improvements in their organizational culture and business performance through strategic occupational health and safety (OHS) and risk management.

With more than 30 years' experience as an OHS Professional both in Australia and the United Kingdom, Catherine has established a solid reputation for risk management, leading change and business improvement to enhance the health and safety of workers.

She holds a Graduate Diploma in OHS (with distinction) a Graduate Certificate in Management and a Diploma in Professional Coaching and is currently completing Master of Arts Research at Griffith University.

Catherine is an accredited OHS Management Systems Auditor (Exemplar Global), Fire Safety Advisor (QFRS) and Licensed Private Investigator (Queensland Government) and is also one of Queensland's approved panel Self-Insurance Auditors. She has also completed professional development in Mental Health First Aid and Neurodiversity in the Workplace.

Catherine is a Certified Professional Member of the Australian Institute of Health and Safety (AIHS) and serves on the National College of Fellows Mentoring Committee. She is a Full Member of the Australian Institute of Company Directors (AICD); Institute of Management Consultants (IMC); International Coaching Federation (ICF) and a Professional Member of the Attention Deficit Disorder Associate (ADDA).

Catherine has led high performing, multi-disciplinary OHS teams across a diverse range of organizations and industries and worked in senior roles in the private, not-for-profit and public sectors including as the Director of Health and Safety for the Department of Emergency Services in Queensland.

Most recently Catherine has designed a new approach to the management of health and safety for neurodivergent workers and established "The Neurodiverse Safe Work Initiative" which is attracting international attention and leading to public speaking engagements via podcasts, webinars and international conferences.

Since 2019 Catherine has served as a Board Member for Protect All Children Today (PACT) a not-for-profit organization that provides support to vulnerable child witnesses required to give evidence in the Queensland Criminal Justice System.

Website: <https://neurodiversesafework.com.au>

LinkedIn Profile: <https://www.linkedin.com/in/catherine-lee-08048695/>

Testimonials

“Catherine has an excellent inquiring mind that seeks out safety innovations and applies evidence-based practices to her work”. (Graham Easterby - Licencing Manager, Qld Building and Construction Commission).

“I had the pleasure of working with Cathy as a colleague for many years. Cathy's case management and back to work support was instrumental in being able to manage WorkCover claims and ensure beneficial outcomes for employees coming back to work. I would not hesitate to recommend Cathy as an experienced professional in her field”. (Richard Fahy, Group Community Manager QLD North, Aveo Group).

“I have worked with Catherine in several capacities over the years, including colleague and coachee. I have always considered her wisdom, subject matter expertise and skills to be an incredible asset. Her supportive, insightful approach offers the opportunity for real breakthroughs. I have no hesitation in recommending Catherine as a consultant and coach” (Tina Bramley, Leadership and Management Consultant, Shape Consulting)

“I met Catherine Lee on a professional setting, like a “cyber match date”, I got a winner! She and I were linked through the Mentorloop program via the AIHS and has been officially my first mentor. I didn't know how to navigate through the connection, but as a true leader, she guided the development of our relationship and has empowered me to overcome confusion in such a demanding world of safety and overall as a seasonal entrepreneur. Her guidance and capacity to bring out my inner self-confidence assisted me in determining and propelling my personal, career and business goals forward. I am grateful for Catherine and highly recommend her as a professional mentor, she is a treasure”

“I worked alongside Cathy for over three years and found her professional, collaborative and dynamic. Cathy has a wealth of knowledge covering a range of legislative and legal topics, non-profit service delivery, workplace health and safety and staff engagement strategies, all which she is willing share. It was pleasure working with Cathy and I hope our professional paths cross again”. (Rosemary Hamilton-Smith, Injury Management Advisor WorkCover Queensland).

“Excellent mentor and leader. Highly skilled in OHS Management with a passion to lead by example and drive organizational change. Strong knowledge in dealing with complex rehabilitation claims and understanding of legislations. (Kim Saltzer, Rehabilitation Counsellor)”.